

Supporting vulnerable children and young people during the pandemic in Monmouthshire



CYP Select Committee
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Joint Principal Educational Psychologist and
Wellbeing Lead***



2019-2020 – A Challenging Year

- EPs work at an individual, schools/setting & systemic level
- Support the development, well-being, resilience, learning and achievement of Children and Young People (CYP)

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Stage 1 – Lockdown! Keeping everyone safe

- School Based Hubs to support vulnerable children and young people and those of keyworkers
- Weekly cross directorate ‘Vulnerable Pupil’ meetings
- Communicating with schools, families and others about minimising risk



Keeping going through Lockdown

- Finding a new way of working
- Developing and sharing resources
- Prioritising and explicitly focusing on the wellbeing of others

'Resilience is made of ordinary rather than extraordinary processes.'

(Masten, 2001)



The Return to School – summer term

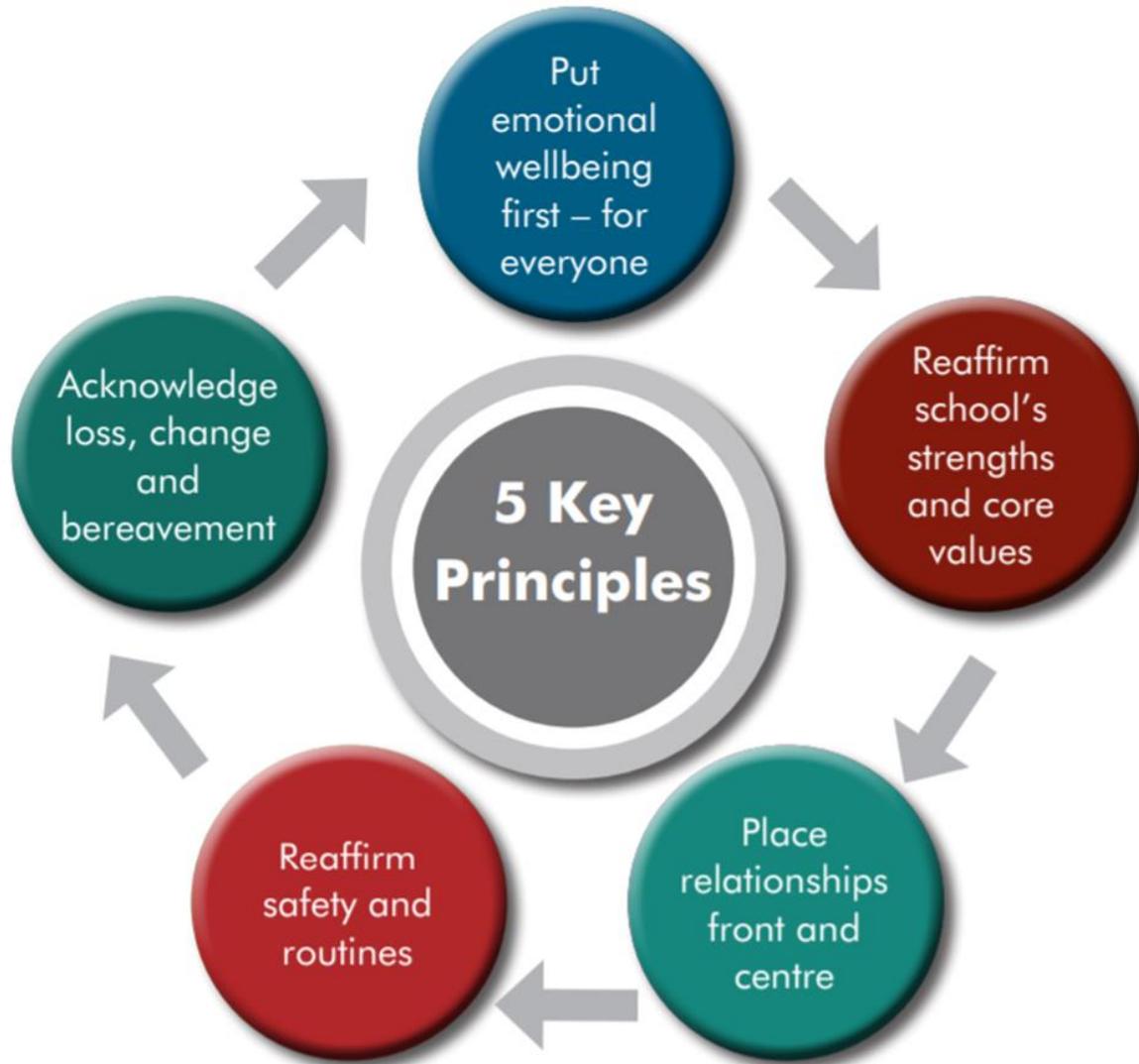
- Preparation for schools for ‘Check in, Catch up and Prepare’
- Focus on emotional wellbeing, reconnecting and sharing positive experiences
- Thinking about what returning to school may feel like for everyone, especially those who are more vulnerable.
- Importance of conveying:
 - A sense of safety
 - A sense of calm
 - A sense of self- and collective- efficacy
 - Social connectedness
 - Promoting hope



*Same storm
different boat*



The Return to School – relationships



'Recovery can take place only within the context of relationships.'
Judith Herman



The ongoing pandemic

Educational Psychology Service - Training Resources

Please see below for current available resources. Further content will be added as we continue to develop the page.

For further information on other training / resources please contact the team on 01633 644512 or email morwennawagstaff@monmouthshire.gov.uk or luciedoyle@monmouthshire.gov.uk

'NEW CONTENT' on Staff Wellbeing.

Including a recorded session, resources and a PowerPoint presentation that can be shared within school.



School Staff Wellbeing



Going Back to School



Bereavement and Loss



Early Years



ELSA 2020 CPD Event - Training Resources
(Available to all school staff)



EPS Forms and Leaflets



Covid19: Resources to support children
and young people.

- Service delivery - opportunities
- Training and professional support

Ensuring that support for children is grounded in psychological understanding, with emphasis on the importance of relationships with trusted adults most proximal to children.



The ongoing pandemic - wellbeing

- Wellbeing is the focus
- Resilience
- Emotional Literacy Support Assistants (ELSA) - intervention designed to build the capacity of schools to support the emotional needs of their pupils from within their own resources.



Questions

